18 June (Day 2)		
Time	Activity	Location
7.20am	Running (approx. 10km)	Along Pang Sua Canal PCN
8am	Basketball Competition*	Sports Hall
	Kids Futsal Competition*	Stadium
	Obstacle Inflatables*	Stadium
	Bumper Soccer	Stadium
	Kampung Games	Stadium
	Chapteh	
	Jenga	
	Congkak	
	Hopscotch	
	Tic-Tac-Toe	
	Five Stones	
	Obstacle Inflatables	Stadium
	Bumper Soccer	Stadium
	Leader Board Challenges Chapteh Planking Pull-Up Punch Challenge Hug-A-Ton Hammer Smash Water Activities Kayak Ring Float Race Water Basketball Water Trampoline Water Volleyball	Stadium Stadium Stadium Foyer Foyer Foyer Swimming Complex
8.25am	Dance-Fit Sport Display & Try-Out	Foyer
8.40am	Qigong Sport Display & Try-Out	Stadium
9.25am	FitnessX (Zumba, Fight-Do) Sport Display & Try-Out	Foyer
9.30am	Family Telematch	Stadium
10am	Badminton Competition	Sports Hall

^{*}Registration Fees apply.