

HEALTHY LIVING FESTIVAL

6 June 2026, Saturday
7 June 2026, Sunday

Choa Chu Kang Stadium,
D-Ring (Level 1)

@ NORTH WEST

NW FIT-FAM 4 (PARENT AND CHILD TELEMATCH)

DATE

6 June 2026
Session 1:
9.30am to 11.30am

Session 2:
2pm to 4pm

7 June 2026
Session 3:
9.30am to 11.30am

CATEGORY

Cat 1:
Adult (18 years old &
above + Child (7 to 8
years old)

Cat 2:
Adult (18 years old &
above) + Child (9 to
10 years old)

PRIZES

1st Prize -
\$50 Vouchers + Medals

2nd Prize -
\$30 Vouchers + Medals

3rd Prize -
\$20 Vouchers + Medals

4th to 10th -
\$10 Vouchers + Medals



<https://go.gov.sg/hlf-fitfam4>

Scan QR Code
to Register



Jointly organised:

