

# HEALTHY LIVING FESTIVAL

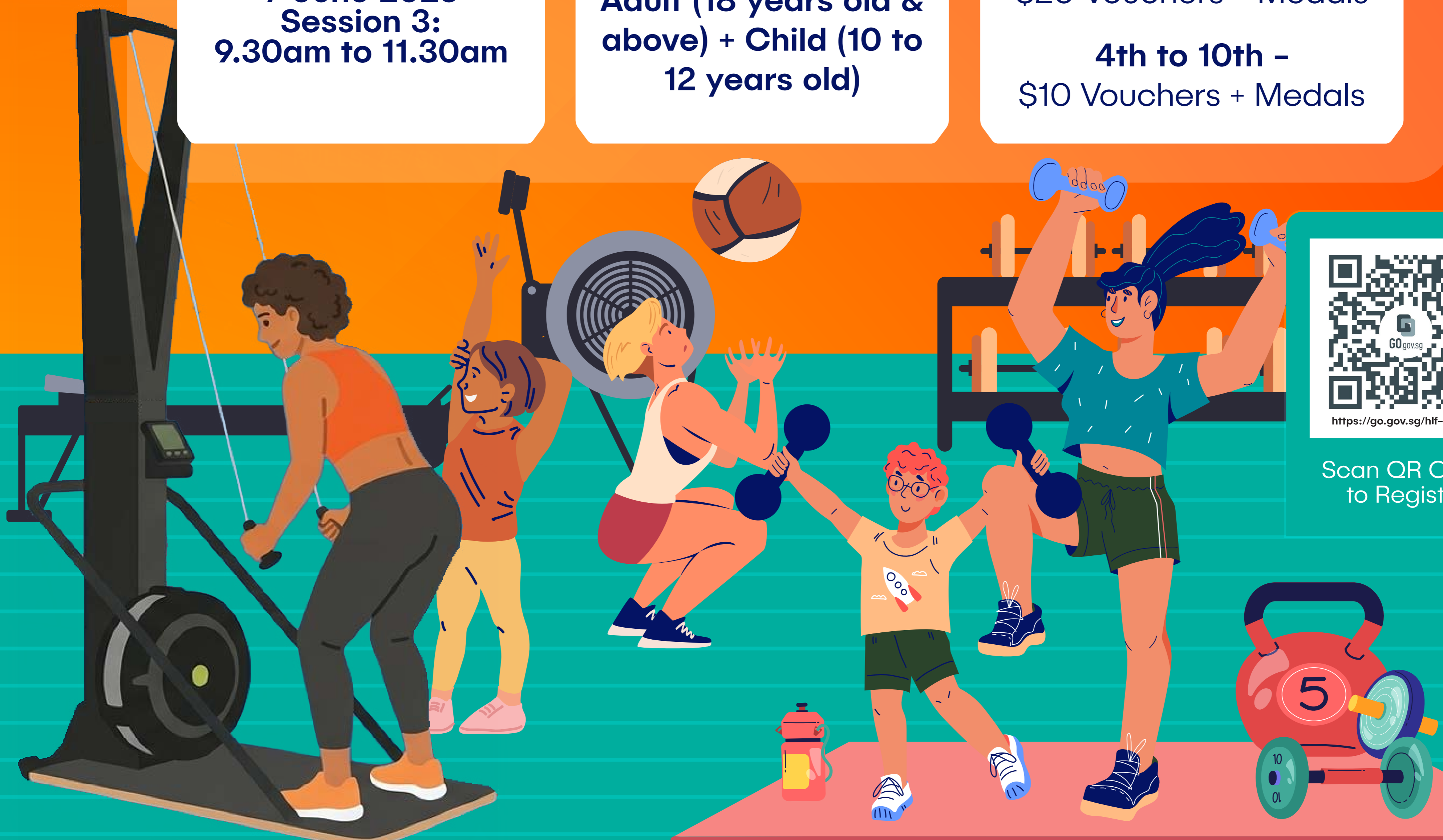
6 June 2026, Saturday  
7 June 2026, Sunday

Choa Chu Kang Stadium,  
D-Ring (Level 1)

@ NORTH WEST

## NW FIT-FAM 4 (PARENT AND CHILD TELEMATCH)

DATE	CATEGORY	PRIZES
<p>6 June 2026 Session 1: 9.30am to 11.30am</p> <p>Session 2: 2pm to 4pm</p> <p>7 June 2026 Session 3: 9.30am to 11.30am</p>	<p>Cat 1: Adult (18 years old &amp; above + Child (7 to 9 years old)</p> <p>Cat 2: Adult (18 years old &amp; above) + Child (10 to 12 years old)</p>	<p>1st Prize - \$50 Vouchers + Medals</p> <p>2nd Prize - \$30 Vouchers + Medals</p> <p>3rd Prize - \$20 Vouchers + Medals</p> <p>4th to 10th - \$10 Vouchers + Medals</p>



<https://go.gov.sg/hlf-fitfam4>

Scan QR Code  
to Register

Jointly organised:

