

Day 2 (31 May 2025, Saturday)

Time	Activity	Location
02.00pm – 09.00pm	Active Challenge Zone <ul style="list-style-type: none"> ○ Back-Leg-Chest Dynamometer ○ Body Impedance Analysis (BIA) Body Composition Analysis ○ Fast Hand* ○ Hand-eye Coordination ○ Hand Grip Strength* ○ Mini-Obstacle Course* ○ SMART-Fit Reaction* ○ Tic-Tac-Toe Locomotion ○ Vertical Jump* <i>*Leaderboard Challenge</i>	Infront of Marquee
	Sports Try-Out Zone <ul style="list-style-type: none"> ○ Dribble & Shoot ○ Frisbee Throw ○ Inflatable Soccer Darts ○ Inflatable 3-in-1 Sports Game ○ Inflatable Basketball ○ Pickle Ball Shoot Out ○ Rugby Its Try Time ○ Tchoukball 	Gallery
	E-Sports and Wellness Zone <ul style="list-style-type: none"> ○ Arcade Basketball ○ Dance Dance Revolution ○ King Hammer ○ Racing Simulators ○ VR Super Agent 	Infront of Parade Ring
	Carnival Rides <ul style="list-style-type: none"> ○ Grand Carousel ○ Carousel Swing ○ Jeep Rides ○ Aeroplane Merry Go Round Carnival Games <ul style="list-style-type: none"> ○ High Score Roller ○ Lobster Pot ○ Rebound ○ Hook A Duck ○ Pyramid Smash ○ Ring Toss 	Gallery
02:00pm – 04:30pm	Movie Screening – Guardians of the Galaxy Vol. 3	Parade Ring
03:00pm – 04:45pm	North West Dance-Fit Club Try-Out by Dance-Fit Master Diana Kho	Marquee 2
04:00pm – 06:00pm	North West FitnessX Club Try-Out <ul style="list-style-type: none"> ○ K-Pop by Trainer Wen Jie ○ Zumba by Trainer FaFa 	Gallery

04.30pm – 06.30pm	Family Telematch <ul style="list-style-type: none"> 3-in-1 Telematch Ah Boy & Ah Girl Dash 	Turf Track Grass Patch
05:00pm – 05:45pm	Running Workshop <ul style="list-style-type: none"> “Run Smart: Mastering Warm-Up, Cool-Down & Recovery for Runners” by Republic Polytechnic 	Marquee 1
05:00pm – 06:00pm	Live Performance by Jeff Ng	Parade Ring
05.45pm – 07.30pm	North West Dance-Fit Club Try-Out by Dance-Fit Master Eileen Hoe	Marquee 2
06:00pm – 06.45pm	Community Run (approx. 5km)	Starting from Singapore Turf Club to Rail Corridor
06:15pm – 07:15pm	Sunset Yoga with Jimin Choi and Skye	Turf Track Grass Patch
07:30pm – 10:00pm	Live Performance by Alex Chia & Pandora	Parade Ring